



# **ZIPS TALK TOGETHER: EXPLORING MENTAL HEALTH**

EXLC:490:001 | MWF 11:00am-1:45pm  
SUMMER 2024 2nd 5 WEEKS

ALISON DOEHRING & ANNA BALL



Let's work together to develop a mental health de-stigmatization campaign for UA! Guided by experts in communication, student support and counseling, this course will not only explore the topic of mental health but will put the course participants in the [hypothetical] driver's seat for designing marketing materials, promotional items, and programs centered on wellness, self-care, and mental health awareness.

**EX [ L ]**

The EX[L] Center for Community Engaged Learning, Bierce 168 | [uakron.edu/exl](http://uakron.edu/exl)