

NCATE VITA

Name Sean Cai
Position/Title Associate Professor
Faculty Status Graduate Undergraduate Both
Appointment Date August 1995

1. Academic Degrees

Degree	University	Year	Major
Ph.D.	University of Arkansas, Fayetteville	1995	Kinesiology
MS	Shanghai Institute of Physical Education	1987	Physical Education
BS	Southwest China Normal University	1984	Physical Education

2. Professional Experience (most recent first, including elementary and secondary teaching and school support service)

Years	Location, Title
1995-present	Department of Sport Science & Wellness Education, University of Akron, Associate Professor
1991-1995	Department of Health Science, Kinesiology, Recreation and Dance. University of Arkansas, Fayetteville. Lecturer
Summer 1993 1993	National Youth Sports Program. Instructor Bonnie Grimes Elementary School Assistant teacher for practicum in adapted physical education.
1990-1991	Department of Health and Physical Education, California State University, Sacramento. Visiting Scholar
1987-1990	Department of Kinesiology, Shanghai Institute of Physical Education. Instructor
1977-1980	Yuying Elementary School, Teacher and Coach

3. Faculty and Administrative Load (most recent full year)

Summer I 2001		
Course no.	Title	Credits
5550-334	Motor Learning and Development	
Summer II 2001		
Course no.	Title	Credits
5550-334	Motor Learning and Development	2
5550-450	Organization and Administration of Physical Education, Sports	3

Fall 2001

Course no.	Title	Credits
5550-307	Tennis	1
5550-193	Orientation to Teaching Physical Education	3
5550-334	Games and Rhythms	3
5550-102	Fitness and Contemporary Activities	2

Spring 2002

Course no.	Title	Credits
5550-193	Orientation to Teaching Physical Education	3
5550-450	Organization and Administration of Physical Education, Sports	3
5550-346	Instructional Techniques for Secondary Physical Education	3

Other Collegiate Assignments

College committees and department committees

4. Current Professional and Academic Association Memberships*

AAHPERD
NASPE

*Please note leadership roles.

5. Current Professional Assignments and Activities (non-teaching)*

Student teaching supervision
Advising

* Please note leadership roles.

6. Publications (Select from most recent and most important. List one per line.)

Cai, X. S. (2001). College students' affective reactions to web-based instruction. Innovation and Application of Physical Education and Sports Science in the New Millennium- An Asia-Pacific Perspective, edited by Ming-Kai Chin, 229-236, Hong Kong Institute of Education Press.

Cai, X. S. (2001). Integrate mental health benefits into physical education curriculum. Innovation and Application of Physical Education and Sports Science in the New Millennium- An Asia-Pacific Perspective, edited by Ming-Kai Chin, 453-460, Hong Kong Institute of Education Press.

Cai, X. S. (2000). Physical Exercise and mental health - A Content Integrated Approach in Coping with College Student Anxiety and Depression. Physical Educator, 57(2), 69-76.

Cai, X. S. (1999). Martial Arts: An Illustrated Guide to Self-defense & Tai Chi Chuan,

Euclid, OH: Williams Custom Publishing.

Cai, X. S. (1999). Alternative Healing and Exercises for the Workplace. Qi: The Journal of Traditional Eastern Health & Fitness, 9(3), 6-9.

Cai, X. S. (1998). Western Educational Values and Reforms in Chinese Educational Models, In Julie Qiu Bao (Ed.) World Education Development and Chinese Educational Reform. Beijing: People's Educational Press.

Cai, X. S. (Spring 1998). Student enjoyment of physical education class in three teaching style environments. Education, 118(3), 412-420.

Cai, X. S. (1998). The health aspect of tai chi chuan. Journal of International Council of Health, Physical Education, Recreation and Dance, 34(3), 56-58.

Cai, X. S. (1997). College student attitude toward three teaching styles in physical education classes. The College Student Journal, 31(2), 251-260.

7. Papers Presented (Select from most recent and most important. List one per line.)

Students' affective reactions on web-based instruction

2000 International conference for Physical Educators, Hong Kong, July, 2000.

Integrate mental health benefits into physical education curriculum

2000 International conference for Physical Educators, Hong Kong, July, 2000.

Preservice teachers diagnosing live motor performance, co-author with V. Pinheiro. AAHPERD convention, Boston, MA, April, 1999.

Student attitude toward teaching styles in physical activity classes. International Conference of The Goodwill Games, Long Island, NY, July, 1998.

Tai chi practice for individuals with physical disabilities. 11th International Symposium for Adapted Physical Activity, Quebec City, Canada, May, 1997.

Western educational value and the instructional model reform in China. Toward the 21st century: the trends in world education development and Chinese education reform. Washington, D.C. August, 1996.

8. Research (List funded or personal research, special studies, documented research in progress; one per line.)

Physical exercise and health

Instructional techniques of physical education