

## Exercise Science Four Year Plan-Revised Spring 2009

### FRESHMAN

<i>Fall</i>		<i>Spring</i>		
Course #	Course Title	Course #	Course Title	
<b>3100:200</b>	<b>Human Anatomy &amp; Physiology I</b>	<b>3</b>	<b>3100:202 Human Anatomy &amp; Physiology II</b>	<b>3</b>
<b>3100:201</b>	<b>Human Anatomy &amp; Physiology I Lab</b>	<b>1</b>	<b>3100:203 Human Anatomy &amp; Physiology II Lab</b>	<b>1</b>
<b>3300:111</b>	<b>English Composition I</b>	<b>4</b>	<b>3300:112 English Composition II</b>	<b>3</b>
<b>XXXX:XXX</b>	<b>Math requirment (refer to UG bulletin)</b>	<b>3 or 4</b>	<b>7600:106 Effective Oral Communication OR</b>	<b>3</b>
<b>3750:100</b>	<b>Introduction to Psychology</b>	<b>3</b>	<b>7600:105 Introduction to Public Speaking</b>	
<b>5550:212</b>	<b>First Aid/CPR: Professional Rescuer</b>	<b>2</b>	5570:202 Stress, Lifestyles and Your Health	3
			<b>3850:100 Introduction to Sociology</b>	<b>4</b>
		16-17		<u>17</u>

### SOPHOMORE

<i>Fall</i>		<i>Spring</i>		
Course #	Course Title	Course #	Course Title	
<b>XXXX:XXX</b>	<b>Natural Science (refer to UG bulletin)</b>	<b>1</b>	5550:220 Health Promotion and Behavior Change*	3
5550:245	Adapted Physical Education	3	5550:201 Kinesiology	3
5550:240	Care & Prevention of Athletic Injuries	3	7400:133 Nutrition Fundamentals	3
5550:203	Measurement and Evaluation in PE	3	3400:210 Humanities in Western Traditions I	4
2740:120	Medical Terminology	3	5550:235 Concepts of Motor Dev and Learning	<u>3</u>
5550:150	Concepts of Health & Fitness*	<u>3</u>		<u>16</u>
		16		

### JUNIOR

<i>Fall</i>		<i>Spring</i>		
Course #	Course Title	Course #	Course Title	
XXXX:XXX	Humanities [refer to UG bulletin]	3	XXXX:XXX Cultural Diversity [refer to UG bulletin]	2
5550:302	Physiology of Exercise & Lab*	3	5550:327 Exercise Leadership	3
5550:426	Nutrition for Sports	3	5550:355 Exercise in Special Populations*	3
XXXX:XXX	Cultural Diversity [refer to UG bulletin]	2	5550:401 Musculoskeletal Anatomy II LE	3
5550:400	Musculoskeletal Anatomy I UE	3	XXXX:XXX Humanities [refer to UG bulletin]	<u>3</u>
5550:xxx	SSWE Elective or Concentration Course	<u>3</u>	555X:XXX Concentration Course or SSWE Elective	<u>3</u>
		17		<u>17</u>

### SENIOR

<i>Fall</i>		<i>Spring</i>		
Course #	Course Title	Course #	Course Title	
555X:XXX	Concentration Course	3	5550:460 Practicum	4 to 6
5550:449	Organization/Administration: HCP*	3	5550:202 Diagnosis of Motor Skills	3
5550:403	Exercise Testing*	3	555X:XXX Concentration Course	3
5550:330	Exercise and Weight Control*	3	5550:404 Exercise Prescription*	3
555X:XXX	Concentration Course	<u>3</u>	5550:XXX Concentration Course	<u>3</u>
		18		<u>16-2</u>

1. Courses in bolded print are required to be a candidate for admission into the College of Education (COE).
2. Students will NOT be permitted to take 300 or 400 level courses without being in the COE.
3. Obtain COE application online at [www.uakron.edu/colleges/edu](http://www.uakron.edu/colleges/edu) or in Zook Hall Room 207.
4. Courses with an asterisk must be completed with a "C" or better for practicum placement.