EXERCISE SCIENCE 555233BS
Fitness Management Concentration

The following information has official approval of the **Department of Sport Science and Wellness Education**, but is intended only as a supplemental guide. Official degree requirements are established at the time of transfer and admission to the degree-granting college. *Completion of this degree within the identified time frame below is contingent upon many factors, including but not limited to: class availability, total number of required credits, work schedule, finances, family, course drops/withdrawals, successfully passing courses, prerequisites, among others.* The transfer process is completed through an appointment with your academic advisor.

Italicized courses fulfill General Education requirements. Unless a course is specified, refer to the General Education guide at http://www.uakron.edu/advising/docs/General_Education_Guide.pdf

1st Year	**Fall Semester**	Credit Hours	Prerequisites
3100:200	**Human Anatomy & Physiology I (Natural Science Requirement)*	3	
3100:201	**Human Anatomy & Physiology I Lab (Natural Science Requirement)*	1	
	English Composition I Requirement (see **Important below)*	3	Appropriate placement by advisor
	**Math Requirement*	3-4	Appropriate placement by advisor
3750:100	**Introduction to Psychology(Social Science)*	3	
5550:212	**First Aid/CPR: Professional Rescuer*	2	
Total		**15-16**	

1st Year	**Spring Semester**		
3100:202	**Human Anatomy & Physiology II (Natural Science Requirement)*	3	3100:200
3100:203	*Human Anatomy & Physiology II Lab	1	
	English Composition II Requirement (see **Important below)*	3	3300:111 or equivalent
	**Speech/Oral Communication Requirement*	3	
5550:125	Introduction to Exercise Science	1	
3850:100	**Introduction to Sociology(Social Science)*	3	
Total		**14**	

Important:

- *Courses required to be a candidate for admission
- English I & II must be completed with a "C" or better for transfer
- All coursework used for graduation requires a "C" or higher (including general education and major classes)

2nd Year	**Fall Semester**		
	**Natural Science Requirement (not Biology)*	1	
5570:202	Stress Management	3	
5550:240	Care & Prevention of Athletic Injuries	3	3100:200, 3100:201 prerequisites 3100:202, 3100:203 corequisites
5550:235	Concepts of Motor Development and Learning	3	
2740:120	Medical Terminology	3	
5550:150	Concepts of Health & Fitness	3	
Total		**16**	

2nd Year	**Spring Semester**		
5550:220	Health Promotion and Behavior Change	3	5550:150
5550:201	Kinesiology	3	3100:200, 3100:201 or 3100:202, 3100:203
7760:133	Nutrition Fundamentals	3	
3400:210 **or** 3400:221	*Humanities in the Western Tradition* ***-OR-*** *Humanities in the World Since 1300*	4	32 credits, English requirement completed 32 credits, English requirement completed
	Area Studies/ Cultural Diversity Requirement	2	

5550:202	Diagnosis of Motor Skills	3	
Total		**18**	

3rd Year	**Fall Semester**		
	Humanities Elective Requirement	3	
5550:302	Physiology of Exercise & Lab	3	3100:200, 3100:201 or 3100:202, 3100:203
5550:366	Sport Communication	3	
5550:370	Financial Aspects of Sports	3	
5550:400	Musculoskeletal Anatomy I UE	3	3100:200, 3100:201, 3100:202, 3100:203
5550:462	Legal Aspects of Physical Activity	3	
Total		**18**	

3rd Year	**Spring Semester**		
	Area Studies/ Cultural Diversity Requirement	2	
5550:327	Exercise Leadership	3	5550:302
5550:352	Strength and Conditioning Fundamentals	3	3100:200, 3100:201, 3100:202, 3100:203
5550:401	Musculoskeletal Anatomy II LE	3	3100:200, 3100:201, 3100:202, 3100:203
	Humanities Elective Requirement	3	
5550:426	Nutrition for Sports	3	7760:133
Total		**17**	

4th Year	**Fall Semester**		
	SSWE Elective (see SSWE advisor)	3	
5550:449	Organization and Administration for Healthcare Professionals	3	Senior level status and permission only
5550:403	Exercise Testing	3	5550:302
5550:330	Exercise and Weight Control	3	5550:302
5550:420	Fundamentals of Management Strategies in Sport	3	
Total		**15**	

4th Year	**Spring Semester**		
5550:460	Practicum	6	Permission of advisor
5550:355	Exercise in Special Populations	3	5550:302, 5550:403
5550:422	Sport Planning and Promotion	3	
5550:404	Exercise Prescription	3	5550:403 or permission
5550:465	Exercise Science Capstone	2	3100:200, 3100:201, 3100:202, 3100:203
Total		**17**	

	Minimum Credits for Degree	**131**	

ALERT: 1) By the end of your first 48 credit hours attempted, you must have completed your General Education English, Math, and Communications (Speech) requirements; 2) By the end of your first 48 credit hours attempted, you must have declared a major and transferred to (been accepted by) a degree granting college at The University of Akron.

Contact: Dr. Victor Pinheiro, Department Chair, Sport Science & Wellness Education, (330-972-6055), victor@uakron.edu
Mrs. Rachele Kappler, Senior Clinical Instructor; Program Director, Exercise Science, (330-972-6524), kappler@uakron.edu
Department E-Mail: exercisescience@uakron.edu

TRANSFER TO DEGREE GRANTING COLLEGE: Students can arrange inter-college transfers through an appointment with their academic advisor; advisor contact information is listed in “My Akron.” The inter-college transfer occurs upon completion of:

- All preadmission courses (*) must be completed and posted to your University of Akron transcript
- Obtain an overall 2.5 grade point average (including transfer work) with a grade of “C” or better in 3300:111 and 112
- Obtain a 2.5 preadmission-course grade point average (including transfer work for the first 15 credits at UA)

(Roberts)