EXERCISE SCIENCE 555233BS
Fitness Management Concentration

The following information has official approval of the **Department of Sport Science and Wellness Education**, but is intended only as a supplemental guide. Official degree requirements are established at the time of transfer and admission to the degree-granting college. *Completion of this degree within the identified time frame below is contingent upon many factors, including but not limited to: class availability, total number of required credits, work schedule, finances, family, course drops/withdrawals, successfully passing courses, prerequisites, among others.* The transfer process is completed through an appointment with your academic advisor.

*****Early transfer to the College of Health Professions can occur after completing 12 credits at the University of Akron and earning a 3.0 GPA or higher at The University of Akron.

Italicized courses fulfill General Education requirements. Unless a course is specified, refer to the General Education guide at http://www.uakron.edu/advising/docs/General_Education_Guide.pdf

1st Year	**Fall Semester**	Credit Hours	Prerequisites
3100:200	**Human Anatomy & Physiology I (Natural Science Requirement)*	3	
3100:201	**Human Anatomy & Physiology I Lab (Natural Science Requirement)*	1	
	English Composition I Requirement (see **Important below)*	3	Appropriate placement by advisor
	**Math Requirement*	3-4	Appropriate placement by advisor
3750:100	**Introduction to Psychology(Social Science)*	3	
5550:212	**First Aid/CPR: Professional Rescuer*	2	
Total		**15-16**	

1st Year	**Spring Semester**		
3100:202	**Human Anatomy & Physiology II (Natural Science Requirement)*	3	3100:200
3100:203	*Human Anatomy & Physiology II Lab	1	
	English Composition II Requirement (see **Important below)*	3	3300:111 or equivalent
	**Speech/Oral Communication Requirement*	3	
5550:125	Introduction to Exercise Science	1	
3850:100	**Introduction to Sociology(Social Science)*	3	
Total		**14**	

Important:

- *Courses required to be a candidate for admission to the major
- English I & II must be completed with a "C" or better for admission to the major
- All coursework used for graduation requires a "C" or higher (including general education and major classes)

2nd Year	**Fall Semester**		
	**Natural Science Requirement (not Biology)*	1	
5570:202	Stress Management	3	
5550:240	Care & Prevention of Athletic Injuries	3	3100:200, 3100:201 prerequisites 3100:202, 3100:203 corequisites
5550:235	Concepts of Motor Development and Learning	3	
2740:120	Medical Terminology	3	
5550:150	Concepts of Health & Fitness	3	
Total		**16**	

2nd Year	**Spring Semester**		
5550:220	Health Promotion and Behavior Change	3	5550:150
5550:201	Kinesiology	3	3100:200, 3100:201 or 3100:202, 3100:203
7760:133	Nutrition Fundamentals	3	
3400:210	*Humanities in the Western Tradition*	4	32 credits, English requirement completed

or 3400:221	***-OR-*** *Humanities in the World Since 1300*		32 credits, English requirement completed
	Area Studies/ Cultural Diversity Requirement	2	
5550:202	Diagnosis of Motor Skills	3	
Total		**18**	

3rd Year	**Fall Semester**		
	Humanities Elective Requirement	3	
5550:302	Physiology of Exercise & Lab	3	3100:200, 3100:201, 3100:202, 3100:203, and admission to the Sport Science and Wellness Program
5550:366	Sport Communication	3	
5550:370	Financial Aspects of Sports	3	
5550:400	Musculoskeletal Anatomy I UE	3	3100:200, 3100:201, 3100:202, 3100:203, and 5550:201
5550:462	Legal Aspects of Physical Activity	3	
Total		**18**	

3rd Year	**Spring Semester**		
	Area Studies/ Cultural Diversity Requirement	2	
5550:327	Exercise Leadership	3	5550:302
5550:352	Strength and Conditioning Fundamentals	3	3100:200, 3100:201, 3100:202, 3100:203
5550:401	Musculoskeletal Anatomy II LE	3	3100:200, 3100:201, 3100:202, 3100:203
	Humanities Elective Requirement	3	
5550:426	Nutrition for Sports	3	7760:133
Total		**17**	

4th Year	**Fall Semester**		
	SSWE Elective (see SSWE advisor)	3	
5550:449	Organization and Administration for Healthcare Professionals	3	Senior level status and permission only
5550:403	Exercise Testing	3	5550:302 and admission to the Sport Science and Wellness Program
5550:330	Exercise and Weight Control	3	5550:302
5550:420	Fundamentals of Management Strategies in Sport	3	
Total		**15**	

4th Year	**Spring Semester**		
5550:460	Practicum	6	Permission of advisor
5550:355	Exercise in Special Populations	3	5550:302, 5550:403
5550:422	Sport Planning and Promotion	3	
5550:404	Exercise Prescription	3	5550:403 or permission and admission to the Sport Science and Wellness Program
5550:485	Exercise Science Capstone	2	5550:302, 5550:403
Total		**17**	

	Minimum Credits for Degree	**131**	

ALERT: 1) By the end of your first 48 credit hours attempted, you must have completed your General Education English, Math, and Communications (Speech) requirements; 2) By the end of your first 48 credit hours attempted, you must have declared a major and transferred to (been accepted by) a degree granting college at The University of Akron.

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TRANSFER TO COLLEGE OF HEALTH PROFESSIONS: Students can arrange inter-college transfers through an appointment with their academic advisor; advisor contact information is listed in “My Akron.” The inter-college transfer occurs upon completion of:

- All preadmission courses (*) must be completed and posted to your University of Akron transcript
- Obtain an overall 2.5 grade point average (including transfer work) with a grade of “C” or better in 3300:111 and 112
- Obtain a 2.5 preadmission-course grade point average (including transfer work for the first 15 credits at UA)

Early transfer to the College of Health Professions can occur after completing 12 credits at the University of Akron, completion of at least one core science course and earning a 3.0 GPA or higher at The University of Akron.

(Roberts)