

## NCATE VITA

**Name** Rachele M. Kappler  
**Position/Title** Clinical Instructor  
**Faculty Status**  Graduate  Undergraduate  Both  
**Appointment Date** 1997

### 1. Academic Degrees

Degree	University	Year	Major
Ph.D.	The University of Akron	ABD	Secondary Education
M.S.	Cleveland State University	1994	Exercise Physiology
B.S.	The University of Akron	1993	Education/Athletic Training

### 2. Professional Experience (most recent first, including elementary and secondary teaching and school support service)

Years	Location, Title
1997-2003;	Clinical Instructor, Department of Sport Science and Wellness
2006-present	Education, The University of Akron
2003-2006	Wellness Manager, University of Akron
1996-1997	Part-time Instructor, The University of Akron
1994-1995	One-to-One Fitness Center, Cleveland

### 3. Faculty and Administrative Load for more recent full year (add year to semesters below; for example, Summer I 2008, Fall 2008, etc.)

Spring 2008		Credits
Course no.	Title	
5570:202	Stress, Life-Style & Your Health (2 sections)	6
5550:404	Exercise Prescription	3

Fall 2008		Credits
Course no.	Title	
5550:220	Health Promotion & Behavioral Change	3
5550:403	Exercise Testing	3
5570:202	Stress, Life-Style & Your Health	3

### Other Collegiate Assignments

ZipFit Coordinator, The University of Akron, 1997-2003  
Department and University Committees  
College of Education, Personnel Committee, 2006-2008  
College of Education, Grievance Committee, 2006-2008  
College of Education, Diversity Committee, 2003-2004; 2005-2006  
College of Education, Technology Committee, 2005-2007

**4. Current Professional and Academic Association Memberships\***

American College of Sports Medicine  
Midwest American College of Sports Medicine  
National Intramural Sports and Recreation Association  
Ohio Recreation and Sports Association  
Wellness Councils of America

**Professional License and Certifications**

American College of Sports Medicine, Exercise Specialist® Certified, 2001-current  
American Red Cross Instructor Certification – CPR, AED and First Aid

**5. Current Professional Assignments and Activities (non-teaching)\***

Copley Fairlawn City School District Health and Wellness Committee 2005-present  
Tri-County Senior Olympics Executive Committee, 2000-2004  
University of Akron Senior Olympics Coordinator, 2000-present  
Akron Police Department Fit for Duty Committee, 1998-present

**6. Publications (Select from most recent and most important. List one per line.)**

None

**7. Papers Presented (Select from most recent and most important. List one per line.)**

“Worksite health promotion: Offering more than a facility membership”. Ohio Recreation and Sports Association, University of Akron, November, 2007.  
“Instructional Technology used to support mastery learning”. American Association of Computing in Education, Vancouver, British Columbia, Canada, June, 2007.  
“Employee Weight Loss Programming”. American College of Sports Medicine Health and Fitness Summit and Exposition, Orlando, Florida, April 2006.  
“Promoting Employee Wellness via Campus Recreation”. Ohio Recreation and Sports Association, Ohio University, November 2005.  
“Developing Tomorrow’s Leaders Out of Today’s Managers.” Ohio Recreation and Sports Association Annual Meeting, Case Western Reserve University, November, 2004.

**8. Collaborations (List recent collaborations, the nature of the collaboration, and collaborative partners.)**

“Healthy Asian Youth” (HAY). Served with Asian Services in Action, Inc. to provide enrichment activities that help both Asian parents and youths improve their cardiovascular health through changes in their lifestyle and eating habits, September 2002-May 2003.

University of Akron Tech Prep. Organize monthly seminars for high school students enrolled in Athletic Health Care Tech Prep. Organize yearly activities and testing to fulfill Tech Prep requirements.

**9. Research (List funded or personal research, special studies, documented research in progress; one per line.)**

None