Poor financial health can hurt recovery

When you consider that employees on disability may be living on only a percentage of their pre-disability income, it’s no surprise that the financial implications of being ill or injured and out of work can add a whole new level of stress to their lives – stress that may impact their health and recovery.

To help employees deal with any and every type of financial challenge, Cigna provides claimants with a financial wellness program. All at no additional cost to you.

My Secure Advantage™ money coaching

Disability claimants and members of their household receive:

› 90 days of complementary money coaching from an experienced financial professional
› A designated money coach to personally assist, advise and teach new money habits
› A private, web portal to communicate with their money coach, and access resources, tools and educational webinars
› A 50% discount on additional tax planning and preparation services

What’s more, individuals who would like to continue working with their money coach beyond the Cigna-paid 90-day coaching period may do so on a self-pay basis at a 50% discount.

Why address the stress?

44% of full-time employees say they worry about personal finances during work hours.¹

41% of US adults, gave themselves a C, D, or F on their personal finance knowledge, according to a Harris Interactive poll.²

84% of employees look to their employer for more help in achieving financial security through employee benefits.³

For more information, visit MySecureAdvantage.com

Studies show that personal finance is the leading source of stress for America’s workforce.¹ In fact, 60% of Americans report that they would suffer great or moderate financial hardship if they were unable to work for a month.²


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