

## **Amber A. Hewitt, Ph.D.**

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### **EDUCATIONAL BACKGROUND**

- Ph.D.                      **Loyola University Chicago**, Chicago, IL, 2013  
Counseling Psychology  
Dissertation Title: *Towards the Development of the Stereotypical Roles of Black Young Men Scale*.  
Dissertation Chair: Anita Jones Thomas, Ph.D.
- M.A.                      **Boston University**, Boston, MA, 2007  
Psychology
- B.S.                      **University of Southern California** Los Angeles, CA, 2006  
Biological Sciences

### **PROFESSIONAL BACKGROUND**

- 8/2013 – present      Assistant Professor (tenure-track)  
Collaborative Program in Counseling Psychology (CPCP)  
Department of Psychology  
University of Akron

### **RESEARCH INTERESTS**

Gendered-racial identity development  
Scale development  
Stereotypical roles and images  
Critical consciousness development  
Culturally-specific prevention programs  
Racial Socialization

### **FELLOWSHIPS AND AWARDS**

**Leadership Academy Fellow** (2014). Division 17, The Society of Counseling Psychology, American Psychological Association

**Graduate Student Commencement Speaker** (2013). Graduate School Commencement. Loyola University Chicago

**APA Graduate Student Research Award** (2012). Division 17 The Society of Counseling Psychology, Section of Ethnic and Racial Diversity. American Psychological Association

**Advanced Doctoral Fellowship Award** (2011). Loyola University Chicago

**Child and Family Research Fellowship Award** (2009).Loyola University Chicago

## **SCHOLARSHIP**

### ***Reviewed Publications***

- Thomas, A. J., Barrie, R., Brunner, J., Clawson, **A., Hewitt, A.**, Jeremie-Brink, G., & Rowe-Johnson, M. (2014). Assessing critical consciousness in youth and young adults. *Journal of Research on Adolescence*, 24(3), 485-496. doi: 10.1111/jora.12132
- Thomas, A.J., Blackmon, S., Speight, S., **Hewitt, A.**, Witherspoon, K. Selders, M. (2013). Factor Analysis of the Parent Experience of Racial Socialization Scale. *Journal of Black Psychology* doi:10.1177/0095798413483558.
- Yoon, E., Hacker, J., **Hewitt, A.**, Abrams, M., & Cleary, S. (2012). Social connectedness, discrimination, and social status as mediators of acculturation/enculturation and well- being. *Journal of Counseling Psychology* 59(1), 89-96. doi: 10.1037/a0025366
- Vera, E., Vacek, K., Coyle, L., Stinson, J., Mull, M., Doud, K., Langrehr, K., Buchheit, C., Gorman, C., **Hewitt, A.**, Keene, C. & Blackmon, S. (2011). An Examination of Culturally-Relevant Stressors, Coping, Ethnic Identity, and Subjective Well Being in Urban, Ethnic Minority Adolescents. *Professional School Counseling*, 15 (2), 55-66.

### ***Manuscripts in Preparation***

- Hewitt, A.** & Thomas, A. (in preparation).Towards the Development of the Stereotypical Roles of Black Young Men Scale.
- Hewitt, A.** Vance, T., Osei, W., Sanders, S., Davis, A., Bruner, J. (in preparation). What do I have to Prove?: A Qualitative Examination of Gendered-Racial Identity and Socialization in Black Young Men.
- Hewitt, A.**, Thomas, A., Barrie, R., Alder, N., Anderson, B. (in preparation). Promoting Resilience and Identity Development in African American Manhood.
- Levant, R. & **Hewitt, A.** (in preparation). Measurement Invariance and Construct Validation of the Male Role Norms Inventory-Adolescent-revised.
- Barrie, R. & **Hewitt, A.** (in preparation). Coon, Sambo, Buck, or the Good Black Man: Who Shall I Become

### ***Book Chapter***

- Speight, S., **Hewitt, A.**, & Cook, H. (in press). Colorblind Racial Ideology and Internalized Racism Among People of Color. Book chapter submitted to *What Does it Mean to Be -Blind? Manifestations, Dynamic, and Impact* (H. A. Neville, M. E. Gallardo, & D. W. Sue, Editors)

### ***Newsletters***

- Thomas, A.J. & **Hewitt, A.** (2009). *Promoting resilience of African American children and youth through spirituality and religion*. Washington, D.C. Retrieved from <http://www.apa.org/pi/cyf/summer-news-2009.pdf>

**Conference Presentations** (Notes: \* University-level)

**Hewitt, A.,** Vance, T., & Osei, W. (2014). *The Impact of Microaggressions and Invisibility on the Well-Being of Black Boys and Men*. Symposium presented at the 2014 Association of Black Psychologists National Conference, Indianapolis, IN.

**Hewitt, A.,** Whatley, C., Drakeford, N., Vance, T., & Osei, W. (2014). *Promoting Resilience and Identity Development in African American Manhood: Implications for Black Psychologists*. Poster presented at the 2014 Association of Black Psychologists National Conference, Indianapolis, IN.

**Hewitt, A.,** DaFonesca, A., Davis, A., Drakeford, N., Dykema, S., Holmes, S., Riutort, A., Whatley, C., Osei, W., Pappa, L., Patel, A., Sanders, S., Schlesinger, R., Vance (2104). *Promoting Resilience and Identity Development through Empowerment (P.R.I.D.E.) – A Revised Preventative Intervention for African American Middle School Boys*. Poster presented at the 2014 American Psychological Association Convention, Washington, D.C.

**Hewitt, A.,** DaFonesca, A., Davis, A., Drakeford, N., Dykema, S., Holmes, S., Riutort, A., Whatley, C., Osei, W., Pappa, Sanders, S., Vance, Bruner, J., & Cadaret, M. 2014. *What Do I Have to Prove: A Qualitative Study of the Gendered-Racial Identities of Young Black Men*. Poster presented at the 2014 American Psychological Association Convention, Washington, D.C.

**Hewitt, A.,** Cadaret, M., & Dykema, S. (2014). . Symposium presented at the 2014 Great Lakes Counseling Psychology Conference, Cleveland State University, Cleveland, OH.

**Hewitt, A. ,** Vance, T., & Osei, W. (2014). *Promoting Resilience and Identity Development in African American Manhood*. Symposium presented at the 2014 Black Male Summit, Akron, OH.

**Hewitt, A.** Davis,.A., DaFonesca, A. ,Drakeford, N., Dykema, S., Holmes, S., Osei,W. , Pappa, L., Patel,.A., Riuturt, A., Sanders, S., Schlesinger, R. Vance, T., Whatley, C.,and Buner, J. (2014). *Promoting Resilience and Identity Development through Empowerment (P.R.I.D.E.) – A Preventative Intervention for African American Middle School Boys*. Poster presented at the 2014 Great Lakes Counseling Psychology Conference, Cleveland State University, Cleveland, OH.

Attalah-Gutierrez, D., **Hewitt, A.,** Attalah-Gutierrez, C. (2013). *Studies on Resilience and Resistance Processes: Global Perspectives on Communities Facing Racialized Structural Violence*. Symposium presented at the 2013 American Psychological Association Convention (Division 28 Hospitality Suite), Honolulu, HI.

**Hewitt, A. &** Attalah-Gutierrez, D. (2013). *Resilience, Racial Socialization and Intergenerational Transmission Processes as they Relate to African American and Palestinian families*. Session presented at the 2013 American Family Therapy Academy Conference, Chicago, IL.

Taylor, C. & **Hewitt, A.** (2013). *Utilizing Reflection, a Collaborative Dialogical Process for the Training of Multicultural Family Therapy*. . Session presented at the 2013 American Family Therapy Academy Conference, Chicago, IL.

Thomas, A., **Hewitt, A.,** & Jeremie-Brink, G. (2013). *Cross-Cultural Implications of Psychological Resilience: African-American and Haitian-American Perspectives*. Symposium presented at the National Multicultural Conference and Summit, Houston, TX.

**Hewitt, A.** (2012). *Stereotypical Roles of African American Young Men*. Poster presented at the 2012 American Psychological Association Convention, Division 51, Orlando, FL.

- Aydin, F., Adams, K., Barsigan, L., Bruner, J., Chang, C., Ewane, E., **Hewitt, A.**, Jeremie-Brink, G., Long, A., Rowe-Johnson, M., Stegmaier, J., Surya, S., & Thomas, A. (2012). *Critical Consciousness Development*. Poster presented at the 2012 American Psychological Association Convention, Division 17, Orlando, FL
- \*Hewitt, A.** (2012). *Stereotypical Roles of African American Young Men*. Symposium presented at the Loyola University Chicago Interdisciplinary Research Symposium, Chicago, IL.
- Thomas, A., Barrie, R., **Hewitt, A.**, & Jeremie – Brink, G. (2011). *A Paradigm Shift: Critical Consciousness Processes*. Session presented at the 11<sup>th</sup> Annual Diversity Challenge Conference at Boston College, Boston, MA.
- Thomas, A., Stevenson, H.C, **Hewitt, A.**, Barrie, R., & Whetstone, T. (2011). *Gendered-Racial identity development of African American men*. Symposium presented at the 2011 American Psychological Association Convention, Washington, D.C.
- Yoon, E., Hacker, J., **Hewitt, A.**, Abrams, M., & Cleary, S. (2011). *Social connectedness, discrimination, and social status as mediators of acculturation/enculturation and well-being*. Poster presented at the 2011 American Psychological Association Convention, Washington, D.C.
- Thomas, A., Barrie, R., Jeremie-Brink, G., **Hewitt, A.**, Clawson, A., & Kim, S. (2011). *The Development of the Critical Consciousness Inventory*. Poster presented at the 2011 American Psychological Association Convention, Washington, D.C.
- French, S., Barrie, R., Burnside, E., Harding, S., **Hewitt, A.**, Springle, T., Whetstone, T. (2011). *Real Life Lyrics: Qualitative Analysis of African American Males' Perspectives of Identity and Relationships*. Symposium presented at the 13th Biennial Conference of the Society for Community Research and Action (Division 27 of the American Psychological Association), Chicago, IL.
- Hewitt, A.** (2010). *Toward the Development of the Stereotypical Roles for Black Males Scale*. Poster presented at the 22<sup>nd</sup> Annual Black Graduate Student Conference. San Diego, California.
- Thomas, A.J., **Hewitt, A.** & Jeremie-Brink, G.. (2010) *Fostering Hope and Resilience in African American Children: Integrating Spirituality and Religion*. Symposium presented at the 27<sup>th</sup> Annual Winter Roundtable on Cultural Psychology in Education. Teacher's College, Columbia University: New York, NY.
- Barrie, R., **Hewitt, A.**, and Thomas, A.J. (2009, August). *Nature of stereotypes and the internalization of oppression*. Poster presented at the 2009 American Psychological Association Annual Convention.
- \*Hewitt, A.** (2009, April). *Emerging from the Veil: Double Consciousness as it Relates to Black Identity in America*. Paper presented at Northwestern University Black Graduate Student Association 13<sup>th</sup> Annual Research Conference, Evanston, IL.
- \*Hewitt, A.**, Barrie, R., and Jeremie-Brink, G. (2009, March). *Toward the development of the Stereotypic Roles of Black Women Scale – Adolescent*. Symposium presented at the 2<sup>nd</sup> Annual Loyola University Chicago Interdisciplinary Research Symposium, Chicago, IL.
- Barrie, R., **Hewitt, A.**, and Jeremie-Brink, G. (2009, March). *Stereotypic roles and psychological distress and well-being of African American girls*. Symposium presented at the 2009

Great Lakes Regional Counseling Psychology Conference, Akron, OH.

Noonan, A.E., Spencer, R., **Hewitt, A.**, Belle, D. (2008, August). *Where I come from: Urban Adolescents on Background and Success*. Poster presented at the 2008 American Psychological Association Annual Convention.

### ***Invited Presentations***

**Hewitt, A.** (2014). DSM-5: Recent Changes and Implications for Working with African American Clients. Workshop presented for the Association of Black Psychologists, Greater Cleveland Chapter and the Cleveland Psychological Association.

**\*Hewitt, A.** (2012). *Promoting Resilience in African American Youth*. Seminar presented at the Mt. Sinai Child and Adolescent Behavioral Health Clinic, Chicago, IL.

**\*Hewitt, A.** (2008, November). *Integrating Activism and Academics*. Panel session presented at the 2<sup>nd</sup> Annual Loyola University Chicago Graduate Service Resource Forum, Chicago, IL.

### **TEACHING & PROFESSIONAL SERVICE**

#### ***Teaching Experience***

##### **University of Akron**

Principles and Practices of Intelligence Testing (graduate)  
Abnormal Psychology (undergraduate)  
Issues of Diversity in Counseling Psychology (graduate)

##### **Loyola University Chicago**

Identity and Pluralism (graduate)  
Graduate Teaching Assistant *Counseling Theories* (graduate)  
Graduate Teaching Assistant *Multicultural Counseling* (graduate)

##### **Adler School of Professional Psychology**

Counseling Multicultural and Marginalized Communities (graduate)  
Research Methods (graduate)  
Child & Adolescent Psychotherapy (graduate)

#### ***Editorial and Review Activities***

**Ad Hoc Reviewer** (2012). *Journal of Black Psychology*

**Ad Hoc Reviewer** (2010). *Youth and Society*

#### ***Professional Service Experience***

2014 – present	<b>Treasurer</b> , Section on Ethnic and Racial Diversity (SERD), Division 17, American Psychological Association
2014- 2015	<b>Consultant</b> , Urban Ounce of Prevention Services, Inc. Akron, OH.
2013 – present	<b>Proposal Review Committee</b> , Black Male Summit, University of Akron
2013 – 2014	<b>Sub-Committee Member – Early Career Professionals</b> . Convention Planning Committee – The Society of Counseling Psychology 2014 Convention in Atlanta, GA

2012 - 2013	<b>SAS Awards Committee</b> , Student Affiliates of Division 17, American Psychological Association
2011 – 2012	<b>Graduate Student Representative</b> , Shareholder Advocacy Committee Loyola University Chicago
2010 – 2012	<b>Diversity Chair</b> , Illinois Psychological Association, Graduate Student Section
2010 – 2012	<b>Membership Chair</b> , National Student Circle, Association of Black Psychologists
2010 – 2011	<b>Community Service Chair</b> , Graduate Students of Color Alliance, Loyola University Chicago
2009 - 2010	<b>President</b> , Graduate Students of Color Alliance, Loyola University Chicago
2008 - 2010	<b>CEO</b> , AJANI Higher Education Initiative
2008 - 2009	<b>Secretary</b> , Graduate Students of Color Alliance, Loyola University Chicago  <b>Chair</b> , 1 <sup>st</sup> Annual B.R.I.D.G.E. Symposium, <i>Building Roads to Increase Diversity in Graduate Education</i> , Graduate Students of Color Alliance, Loyola University Chicago
2008 - 2010	<b>Counseling Psychology Department Representative</b> , Graduate Student Advisory Council, Loyola University Chicago  <b>Interdisciplinary Research Symposium Planning Committee</b> , Graduate Student Advisory Council, Loyola University Chicago

### **PROFESSIONAL MEMBERSHIPS**

American Psychological Association, Student Affiliate

Division 17

Division 35

Division 45

Division 51

Association of Black Psychologists

Delta Sigma theta Sorority, Inc. (Public Service Sorority)

### **CLINICAL AND SUPERVISION EXPERIENCE**

**Clinical Supervisor** (2014-present). *University of Akron Psychology Clinic*

**Post-doctoral Resident** (2014-present), *Minority Behavioral Health Group*, Akron, OH.

**Pre-doctoral Psychology Intern** (2012-2013), *Center for Multicultural Training in Psychology*, Boston Medical Center/ Boston University School of Medicine.

**Diagnostic Extern** (2011-2012) *United Stand Counseling Center* (Chicago, IL)

**Clinical Supervisor** (2011), *Loyola University Chicago* (Chicago, IL)

**Psychology Therapy Extern** (2010-2011) *Mount Sinai Child and Adolescent Behavioral Health*  
(Chicago, IL).

**Psychology Therapy Extern** (2009-2010), *Hartgrove Hospital, Partial Hospitalization Program*,  
(Chicago, IL).