

EXPLORATORY

INDECISION? -- Where To Go From Here

You have made the decision to attend college yet you feel unprepared and unable to decide upon a major. You are not alone. At The University of Akron many students are undecided about a major. You are not expected to make such an important decision without being exposed to as much information as possible. The University provides many resources to help you make your decision.

MAKE AN INFORMED DECISION ABOUT YOUR MAJOR AND CAREER BY USING A NUMBER OF RESOURCES AT THE UNIVERSITY:

Academic Advisement Center: (330) 972-7430 Simmons Hall 205

All students at The University of Akron receive individual academic advising from the Academic Advisement Center. Your adviser can provide information about all areas of study and aid you in selection of courses that will meet your needs and interests.

Counseling, Testing, & Career Center: (330) 972-7082 Simmons Hall 306

Career counseling, as well as interest and aptitude testing, is available through our Counseling, Testing & Career Center. Career Planning can be arranged on an individual or group basis by appointment. The department also offers career exploration tools such as SIGI and OCIS.

Career Planning Course - 1100:117 - 2 elective credits

For those students wishing an in-depth, systematic approach to career planning, this course is recommended. Topics presented include blockages to the career planning process, self information assessment (interests, skills, personality, values, etc.), exploration of careers consistent with your self information, decision making, and job search skills.

Center for Career Management: (330) 972-7747 Simmons Hall 301

Visit the Center early in your college career to discuss current trends in employment. By becoming familiar with their services early in your college career you will enjoy a smooth transition from college to career after graduating. Find out about current job trends and receive assistance with job search strategies such as resume writing and interviewing. Information on Cooperative Education, Volunteer Program, and Student Employment is available through this office.

Bierce Library

The University's library can be a valuable source of information concerning careers, specific occupations, graduate schools, etc. The information desk can direct you to what ever source would best aid you in your pursuit of career information such as the Occupational Outlook Handbook, which is located on the world wide web at <http://www.bls.gov/OCO/>.

Faculty and Other Professionals

To get first-hand information about a particular career, you are encouraged to meet with faculty and other professionals currently working in your field of interest.

Student Organizations

Join student organizations related to your area of interest. For more information contact the Office of Student Life (Student Union 130) at (330) 972-7021.

Informational Interviewing

Learn about occupations through informational interviewing. By speaking with a professional in your area of interest, you will learn more about the realities of your career choice. Your University College adviser can provide you with a list of work interview questions.

UA Home Page on Internet Explorer

Visit the "Find Your Major" link at <http://www.uakron.edu/academics> for an alphabetical listing of the degree programs offered at the University of Akron.

Undergraduate Bulletin

Review The University of Akron's Undergraduate Bulletin for more information about majors, minors, and certificate programs. The Undergraduate Bulletin is available online at <http://www.uakron.edu/>, or on CD Rom format. The University's Undergraduate Bulletin (http://www.uakron.edu/academics_majors/undergraduate_programs/undergraduate_catalog.dot) is a comprehensive resource for students seeking information regarding policies, undergraduate programs, minors, certificate programs and course descriptions.

Career Advantage Network

The Career Advantage Network is a series of experiential learning opportunities designed to complement a student's academic program of study. These opportunities include co-op and internships, student teaching, clinicals, practicum's and field experiences. These types of experiences are offered through academic colleges/programs, as well as the Center for Career Management (330) 972-7747.

Career Courses for Specific Majors

Professional and Career Issues in Psychology, 3750:105 (1 credit).

Arts Orientation, 7100:103 (0 credits).

Career Decisions in Nutrition, 7400:320 (1 credit).

Orientation for Dance, 7900:103 (0 credits).

Introduction to Nursing, 8200:100 (1 credit).

Curriculum Guides

The University College link to curriculum guides (<http://www.uakron.edu/advising/curriculumguides.php>) not only provides a list of majors by college but will provide an outline of courses required for the first two years of baccalaureate degrees and a link to associate and baccalaureate degrees via our Summit College.