October 25th the School of Counseling hosted Akron Early College High School students interested in learning about mental health. The visit included discussions about mental health challenges in society, different mental health careers, a tour of the school’s Clinic for Individual and Family Counseling, and a mock counseling session with supervision simulation to show what it is like learning the art and science of mental healthcare.

Students voiced that it was illuminating, exciting, and rewarding not only for career development but for themselves and their friends/family.