

Student Health Services  
Allergy Injection Protocol

- Students requesting assistance with allergy injections must provide serums and precise instructions from their allergist. This includes dosing schedule, instructions to accommodate missed or late injections, and instructions to manage local and systemic reactions.
- There is a monthly office-visit fee of \$15.00. There is an injection fee of \$5.00 per visit for one injection and \$10.00 per visit for two or more injections.
- Students must schedule an appointment for their injections. Arriving more than 15 minutes late may result in extended wait times or being asked to reschedule.
- If a student's allergist requires that a student bring their epi-pen, peak flow meter or any other medication or equipment with them for an injection, this will be strictly enforced.
- Students will be required to wait in our office for 30 minutes after receiving an injection unless otherwise specified by their physician. Students must be checked by a nurse before leaving to be assessed for any reaction. If a student leaves our office before this time or without being checked by a nurse, they will no longer be permitted to receive injections in Student Health Services. Students must **REPORT TO THE NURSE IMMEDIATELY** for any unusual reaction or symptom noted. This includes but is not limited to: hives/rash, tightness in the chest or difficulty breathing, wheezing, dizziness, perspiration, feeling flushed, tingling or swelling.
- **PHYSICIANS: please be advised that our clinic is staffed with nurse practitioners and registered nurses. There is NOT a physician on site for injections. By signing this form you acknowledge this, and agree to authorize the administration of allergy injections in Student Health Services without a physician present.**
- **For management of systemic and/ or localized reactions: Our office stocks epinephrine (1:1000), IM diphenhydramine, PO prednisone, PO**

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**diphenhydramine, cetirizine and loratadine, hydrocortisone cream, oxygen via nasal cannula and albuterol via nebulizer.**

- In the event of a systemic reaction, we will first call for emergency response and then notify the allergist's office. Our procedure for systemic reaction is as follows unless otherwise specified in writing by the physician:
- Place tourniquet above or proximal to injection site. (Released every 5 minutes for at least 3 minutes for a maximum of 30 minutes)
- Inject aqueous epinephrine (1:1000)
  - 0.1-0.2ml into injection site and 0.2-0.3ml sub-cutaneously into opposite arm (0.01mg/kg)
- Inject diphenhydramine 1mg/kg, up to 50 mg IM or IV
- Administer oxygen and support airway as able
- Continue treatment as directed by provider until emergency personnel arrive
- **For large local reaction(s)**
  - Apply cold compress
  - Oral antihistamine as needed
  - Hydrocortisone cream as needed

**If a patient experiences a systemic reaction, they must be seen by their allergist and documentation of subsequent dose adjustments must be received before continuing to receive injections in Student Health Services.**

Client  
Signature \_\_\_\_\_ date \_\_\_\_\_

Ordering Physician Signature  
(No stamps)  
\_\_\_\_\_ date \_\_\_\_\_