Subjective Self Observation

- No Symptoms
  - Maintain Social Distancing

- Respiratory Symptoms Develop
  - Begin Self Monitoring. Take temperature 2x per day.
  - Manage symptoms with over-the-counter medication
    - CALL Health Services or Primary Care Provider. Go to ER if after hours. **CALL first!**

CALL BEFORE ARRIVING:
- Student Health Services: 330-972-7808
- Akron City (SUMMA) Hospital: 330-375-7415
- Akron General (Cleveland Clinic): 330-344-6611

COVID-19: General Population
- Fever > 100.4F with cough or difficulty breathing.
- Follow the instructions of your medical provider.
Recent travel but are currently symptom free

Notify Student Health Services of presence in the community.

Recent travel to High Risk/Travel Ban Region

Known contact OR possible exposure after congregate settings

Maintain hand-hygiene

Self observation. Take temperature 2x per day.

If respiratory symptoms such as fever, coughing, shortness of breath or sneezing etc. develop, begin self-monitoring.

If Fever > 100.4F with coughing or difficulty breathing

CALL Health Services or Primary Care Provider.

Go to ER if after hours. CALL first!

Take temperature 2x per day. and manage symptoms with over-the-counter medications such as Tylenol or cough syrup.

SEE BELOW

Self quarantine for 14 days. NOT permitted to come to campus.

CALL BEFORE ARRIVING:

Student Health Services:
330-972-7808

Akron City (SUMMA) Hospital:
330-375-7415

Akron General (Cleveland Clinic):
330-344-6611
**SELF-OBSERVATION** – Individuals should remain alert for subjective fever, cough, or difficulty breathing. If you feel feverish or develop cough or difficulty breathing during the self-observation period, you should take your temperature, limit contact with others and seek health advice by telephone from Student Health services, your personal healthcare provider or the local health department to determine whether medical evaluation is needed.

**SELF-MONITORING** – Individuals should monitor themselves for fever by taking their temperature twice a day and remaining alert for cough or difficulty breathing. If you develop a fever greater than 100.4 orally with a cough and/or difficulty breathing, seek health advice by telephone from Student Health services, your personal healthcare provider or the local health department to determine whether medical evaluation is needed.

**QUARANTINE** – Refers to the separation of a person or group of people reasonably believed to have been exposed to a communicable disease, but not yet symptomatic, from others who have not been exposed, to prevent the possible spread of the communicable disease.

**ISOLATION** – Refers to the separation of a person or group of people reasonably believed to be infected with a communicable disease and potentially infectious from those who are not infected to prevent spread of the communicable disease.

**CONGREGATE SETTING** – These are public places where close contact with others may occur. Congregate settings include places such as shopping malls, movie theaters, stadiums, workplaces and schools or other classroom settings.

**SOCIAL DISTANCING** – This refers to remaining out of congregate settings, avoiding local public transportation and maintaining distance (approximately 6 feet) from others.

**SYMPTOMS TO BE ON THE OUTLOOK FOR INCLUDE**: fever greater than 100.4 orally, cough and/or difficulty breathing.