# **BREAKOUT SESSION OPTIONS**

# Saturday, August 26 @ 10:35 a.m. and 11:20 a.m.

Please reference the included map to easily locate your session!

# **ESPORTS AND GAMING ON CAMPUS** – Schrank Hall South, room 145 (#1)

Weekend

Showing all of the available options for students that are interested in gaming and esports. From competing to casting to careers, we will look at all of the things you can do at Akron.

# A RECIPE FOR SUCCESS - Schrank Hall South, room 225 (#1)

Come and learn all about how you can create the SWEETEST collegiate experience- all starting in the comfort of your residence hall. You'll learn about exciting FREE events, mixing it up with leadership opportunities, live like an Akronite, and even learn about where you can meet some of your dearest friends!

# LEARNING TO LEAD - ARMY ROTC - Olin Hall, room 103 (#7)

Army ROTC introduces you to the personal challenges and competencies that are critical for effective leadership. You learn personal development life skills such as critical thinking, problem solving, goal setting, time management, stress management, and resiliency in order to prepare yourself to lead an organization or group.

**GET THE SCOOP ON FRATERNITY AND SORORITY LIFE!** – Auburn Science & Engineering Center, room 122 (#2) Joining a fraternity or sorority at UA is a great way to make connections, gain leadership skills, give back to the Akron community, and have fun! At this session you'll hear from community leaders about their Greek experience and learn how to join one of our 22 chapters.

# INVOLVEMENT STARTS HERE! - Zook Hall, room 108 (#3)

Interested in creating lasting memories while participating in some of UA's beloved traditions and exciting experiences? From student organizations and service programs to trivia nights and late nights in the Union...the Department of Student Life is YOUR destination for involvement. Join us for an interactive session where we will get to know each other and talk about how YOU get started getting involved on campus!

# GET IN THE GAME - Leigh Hall, room 107 (#4)

Learn how to get involved by playing in or officiating in on campus sport leagues and tournaments like flag football, dodgeball, volleyball! Additionally, come learn about what club sports we have and how to get more information about a club!

# GETTING THE RIGHT START - Leigh Hall, room 307 (#4)

This session will discuss the myths and rumors students hear about college, and provide tips and pointers to start the semester strong. Topics of discussion will include the differences between high school and college; the added level of responsibility in college; time management and study habits; and "netiquette".

# UNDERGRADUATE STUDENT GOVERNMENT (USG) INFORMATION SESSION - Leigh Hall, room 409 (#4)

The Undergraduate Student Government serves as the primary voice for students on campus, and advocates issues and student concerns to upper administration, faculty, and staff. This session will provide insight into some of their initiatives and longstanding projects, how they operate, and how you can get involved.

# SELF-CARE FOR STUDENT SUCCESS - College of Arts & Sciences, room 107 (#6)

The Counseling and Testing Center is here to provide individual and group counseling and learning workshops to help manage and succeed in college. We will talk briefly about helpful information on how to succeed in college through good self-care. We hope to see you soon!

# **EXPLORING HISTORY, SCIENCE, AND ART AT THE CUMMINGS CENTER FOR THE HISTORY OF PSYCHOLOGY** – Kolbe Hall, room 51 (#5)

Did you know that The University of Akron is home to the only museum of psychology in the United States? Or that there is a dedicated Native American collection on campus? Learn all about the unique offerings of the Cummings Center by attending this breakout session, including events, galleries, volunteer and employment opportunities, and resources that can support your education. This session is ideal for anyone interested in psychology, history, arts, and culture.

#### IMPACT AKRON - Kolbe Hall, room 215 (#6)

Hear about ways to partner with local changemakers to apply what you're learning in the classroom to make real-world impact via opportunities with the EX[L] Center for Community Engaged Learning.

### DINING IOI - College of Arts & Sciences, room 140 (#6)

In this session, Dining Services will provide information about meal plans and dining on campus. You will learn about meal plan options, how to choose the right meal plan to fit your needs, where to eat on campus and more. You can also talk on-on-one with Dining Services' Marketing Manager, Heather Piper.

### BE PREPARED FOR THE FIRST DAY OF CLASS! - College of Arts & Sciences, room 142 (#6)

This session will cover the various ways in which required materials for class can easily be obtained so you're ready for success on your first day of class.

**HOW TO GET AN A IN YOUR FIRST MATH CLASS** – Auburn Science & Engineering Center, room 120 (#2) Getting a strong foundation in math is critical to success in many majors. Your first math course needs to be your best. Join us to discuss the tips, techniques and attitude necessary to ensure that your first math course starts you on the road to success.

### TACO 'BOUT CAREERS WITH UA CAREER SERVICES AND STUDENT EMPLOYMENT - Olin Hall room 124 (#7)

Learn about resources for major exploration and career preparation. Explore on-campus student employment jobs as a Zips@Work student employee!

### THE WORLD AWAITS YOU - Leigh Hall, room 311 (#4)

Study Abroad offers you the unique possibility to discover a new culture firsthand, practice your foreign language skills and gain valuable skills to build your resume while you explore the world. Learn about the opportunities UA has to get you to the destination of your dreams.

DO WHAT MOVES YOU – STUDENT RECREATION & WELLNESS SERVICES – Student Recreation & Wellness Center, room 245 (#8)

Learn more about Student Recreation & Wellness Services through our facility amenities, available programs, services, employment opportunities, and much more!

### LGBTQ+ RESOURCE FAIR - Olin Hall, room 113 (#7)

Experience the vibrant atmosphere of The University of Akron's LGBTQ+ Resource Fair, hosted by the Office of Multicultural Development and exclusively designed for incoming freshmen to explore and embrace their pride. Uncover a multitude of LGBTQ+ student organizations and local groups, connecting with valuable resources and networking opportunities. Conclude the event with a lively Rainbow Reception, a celebration of unity and solidarity. Embrace diversity and be a part of shaping a campus that champions love, acceptance, and equality for all. #DiscoverYourPride #UAktonLGBTQ+Fair #InclusivityMatters

### LEAD TO SUCCESS - Olin Hall, room 121 (#7)

The institute for Leadership Advancement offers The University of Akron's only comprehensive academic and co-curricular leadership programs to students of all academic majors and interests. This session will dive into our interactive programs - whether you enjoy working with others, meeting engaging speakers, or traveling around the country and world. These meaningful experiences - both practical and through innovative leadership projects - prepare our students to grow into strong, impactful leaders.

**UA TUTORING** – **BE LIKE ZIPPY AND GET A (FREE!) JUMP ON ACADEMIC SUCCESS!** – Olin Hall, room 123A (#7) Sometimes even the best college students need an assist to earn the grade they want. Come see how UA Tutoring is here for you when you need us. Learn about how FREE in-person, on campus tutoring centers and FREE online tutoring services and resources can help you succeed in math, science, and many other general education courses, as well as on writing assignments from any course. No stigmas here – and did we mention UA-sponsored tutoring is FREE?!?

### BETTER THAN CHICKEN SOUP - Schrank Hall South, room 229 (#1)

Being a successful Roo means more than getting good grades. Successful Roos take control of their health and wellness. This breakout session discusses the free and low-cost opportunities available to University of Akron students to help maintain and improve your health and wellness.