

THE UNIVERSITY OF AKRON



SORTING OUT COVID-19 SYMPTOMS

	Coronavirus (COVID-19)	Allergies	Common Cold	Strep Throat	Influenza
Length of Symptom or Duration	7-25 days Symptoms may appear 2-14 days after exposure	Several weeks Usually seasonal and chronic	10-14 days Usually gradual onset	Sudden onset Usually improves 1-2 days after treatment	7-14 days Comes on suddenly
Fever	Common	No	Rare	Common	Common
Headache	Sometimes	Sometimes Related to sinus pain	Sometimes	Sometimes	Common
Runny or Stuffy Nose	Sometimes	Common	Common	No	Sometimes
Sneezing	No	Common Itchy nose and eyes	Common	No	Rare
Sore Throat	Sometimes	Sometimes Usually mild and felt as a tickle	Common	Common Painful to swallow	Sometimes
Cough	Common Usually dry	Rare	Common (mild to moderate hacking-type cough)	No	Common (usually dry)
Shortness of Breath	Sometimes	No	No	No	No
Diarrhea, Nausea or Vomiting	Sometimes More common in children	No	No	No	Sometimes
Aches and Pains	Sometimes	No	Common	Sometimes	Common Often severe
Feeling Tired (Fatigue)	Sometimes	Sometimes	Sometimes	Common	Common
Loss of Taste or Smell	Sometimes and is a symptom not previously experienced	Sometimes but not usually a new onset symptom	No	No	No
Care and Treatment	Isolate yourself away from others Use over-the-counter symptom relief management Notify your health care provider of your symptoms If breathing difficulties occur, call and then proceed to the nearest emergency room	Over-the-counter symptom relief management. If no relief discuss with your health care provider	Stay at home Use over-the-counter symptom management medications Rest Hydration	Stay home Contact your health care provider for direction regarding testing and treatment	Isolate yourself from others Over-the-counter symptom relief management Rest Hydration If condition worsens, discuss symptoms with your health care provider for further directions

CONTACT HEALTH SERVICES AT 330-972-7808