UC Recreation and Wellness

MINUTES  FEBRUARY 25, 2014  1:00 – 1:45 PM  RECREATION AND WELLNESS

MEETING CALLED BY  MEETING OPENED AT:  1:00 pm

TYPE OF MEETING  Special Meeting with VP Candace Campbell Jackson

FACILITATOR  Kris Kraft

NOTE TAKER  Mary Cooke

ATTENDEES  Candace Campbell Jackson, Kris Kraft, Kent Marsden, Mary Cooke

Agenda topics

FEBUARY MEETING  KRIS KRAFT

DISCUSSION

Kris and Kent presented our goal of a comprehensive wellness plan for the UA campus community and surrounding greater community. Also presented were the obstacles we see to be able to accomplish this goal. Candace was given a document that covered why UA should invest in a wellness plan, the principles of effective plans, and the next steps the committee sees are necessary to move forward. Discussion followed, and Kris, Kent, and Mary answered questions and gave comments on the topic.

CONCLUSIONS

Candace will discuss our committee’s goals and a summary of our discussion with the UA leadership team and get back to us.

Note: In response to this meeting, we received an email on 3/11/14 sent on Candace’s behalf requesting that a summary document be sent to Rex Ramsier, which our committee will do.

ACTION ITEMS

<table>
<thead>
<tr>
<th>ACTION ITEMS</th>
<th>PERSON RESPONSIBLE</th>
<th>DEADLINE</th>
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<tbody>
<tr>
<td>Discuss summary document at our next committee meeting on 3/12/14.</td>
<td>Kris Kraft</td>
<td>3/12/14</td>
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MEETING ADJOURNED AT:  1:45 pm