# UC Recreation and Wellness

**MINUTES**

**JUNE 10, 2014**

**11:15 – 12:15 PM**

**RECREATION AND WELLNESS**

<table>
<thead>
<tr>
<th>MEETING CALLED BY</th>
<th>MEETING OPENED AT:  11:15 pm</th>
</tr>
</thead>
<tbody>
<tr>
<td>TYPE OF MEETING</td>
<td>Committee Meeting</td>
</tr>
<tr>
<td>FACILITATOR</td>
<td>Kris Kraft</td>
</tr>
<tr>
<td>NOTE TAKER</td>
<td>Mary Cooke</td>
</tr>
<tr>
<td>ATTENDEES</td>
<td>Stacey Adams, Mary Cooke, Kris Kraft, John MacDonald, Alma Olson, Doris Robinson.</td>
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<td>Excused: Candace Campbell Jackson, Becky Gibson-Lee, Roberta DePompei, Kent Marsden, Joe Salem, and all student representatives</td>
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## Agenda topics

### APPROVAL OF MAY MINUTES

**Kris Kraft**

**DISCUSSION**

The minutes from the May 20 committee meeting were unanimously approved.

**CONCLUSIONS**

**ACTION ITEMS**

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<th>PERSON RESPONSIBLE</th>
<th>DEADLINE</th>
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### UNIVERSITY COUNCIL UPDATE

**Kris Kraft**

**DISCUSSION**

The “Grand” University Council meeting will be held Wednesday, June 18, 3-4:30 pm; all standing committee members are invited to attend this meeting.

**CONCLUSIONS**

**ACTION ITEMS**

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### SMOKING POLICY

**Kris Kraft**

**DISCUSSION**

We revisited the no-smoking policy to consider proposing to University Council again.

**CONCLUSIONS**

Our consensus is to work on our overall wellness plan for now and the no-smoking policy down the road.

**ACTION ITEMS**

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<tr>
<td>Alma Olson</td>
<td>7/8/2014</td>
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Alma will email Joe Salem for lit-serve research.
## WELLNESS GROUP UPDATE

### DISCUSSION
Alma researched sources and wrote out specific goals for each sphere for employees and students. She recommended “Healthy Campus 2020” as an excellent resource. We discussed talking with Marketing and Joe Salem for input on surveys and data we need. John gave the committee an example of learning outcomes for each program in SRWS.

### CONCLUSIONS
We will continue to work on the executive summary for wellness.

### ACTION ITEMS

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<tr>
<td>John will send out to the Wellness small group the format for the executive summary, and what has been submitted, to use as a base from which to work on our executive summary.</td>
<td>John MacDonald</td>
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## CONSORTIUM UPDATE

### DISCUSSION
We have not yet heard if we can join the BHAC consortium. Kris was told she should know the decision by Friday, June 13.

### CONCLUSIONS

### ACTION ITEMS

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MEETING ADJOURNED AT 12:10 pm