# Recreation and Wellness

**MINUTES**  
DATE: APRIL 10, 2018  
TIME: 1:30 PM  
LOCATION: REC CENTER

| MEETING CALLED BY | John MacDonald, Administrator  
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| TYPE OF MEETING | Monthly Meeting  
| PRESIDER | John MacDonald  
| NOTE TAKER | Danica Houlé, Secretary  
| ATTENDEES | Attendees: Audrey Adam, Sarah Cravens, Danica Houlé, Kris Kraft, John MacDonald, James Thomson  
| | Absent with notice: Alma Olson  
| | Absent without notice: Yorkow Oppon-Acquah, Katherine Holcomb  

**Agenda topics:**

**1:30 PM CALL TO ORDER**

| DISCUSSION | 1. Kris Kraft called the meeting to order at 1:35 p.m.  
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| | 2. Review of agenda presented no additional items  
| | 3. Motion made by Sarah Cravens, seconded by James Thomson, to approve minutes from 12/5/17 was unanimously approved. Motion made by Sarah Cravens to approve 2/1/3/18 minutes and seconded by John MacDonald was also unanimously approved.  

**UC PRESENTATION**

| DISCUSSION | MacDonald & Kraft presented UC Rec and Wellness annual update to University Council on March 13, 2018.  

**FOOD INSECURITY SURVEY**

| DISCUSSION | A food insecurity survey was sent via ZipMail to UA students this morning. Dr. Tim McCarragher, Associate Professor in Social Work, assisted in getting the survey approved through Institutional Review Board (IRB). Survey results should be available in May.  
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| | Additionally, Audrey Adam will provide her assistance to review a food survey sent to all UA students 1 ½ years ago by Nutrition and Dietetics (FURVED Survey). The survey was used as a baseline for the food insecurity survey. Levels of importance with mean scores provided for responses. There will be some overlap in questions.  

**TB POLICY PROPOSAL**

| DISCUSSION | TB testing process was recommended by President Wilson to the Board of Trustees and should be effective with the start of Fall Semester.  

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**STUDENT UNION FOOD PANTRY**

**DISCUSSION**

A pop up pantry has opened in the Student Union and is located in the hallway across from the Bowling Alley. It is a “pass by” module. Nonperishable items can be dropped off at Student Life Office. There is an overwhelming response for support of Campus Cupboard. Salvation Army has prepackaged meals that have been donated to the University. Basic screening information form will be created and distributed to participants to provide the information on a voluntary basis. A memorandum of understanding with the Salvation Army is in the works.

**NEW BUSINESS**

1. **Vice Chair** – Nominations are welcome. Please forward names to either John or Kris. Election will be held at next committee meeting.

2. **Wellness Incentive Program:** Joint effort with Talent & Development/HR. Currently on hold pending implementation of revisions in ADA Law.

Next meeting: May 8, 2018, 1:30 p.m.,
Rec Center Conference Room.

Summer meetings will be held on the 2nd Tuesday of each month.

THE MEETING WAS ADJOURNED AT 2:15 P.M.
BY UNANIMOUS CONSENT.