

Recreation and Wellness

MINUTES

DATE: FEBRUARY 12, 2019

TIME: 1:30 PM

LOCATION: REC CTR
BOARD ROOM

MEETING CALLED BY	John MacDonald, Administrator
TYPE OF MEETING	Monthly Meeting
PRESIDER	Kristine Kraft, Chair
NOTE TAKER	Danica Houlé, Secretary
ATTENDEES	Attendees: Audrey Adams, Alma Olson, Debra Gannon, Danica Houlé, Kris Kraft, John MacDonald, John Roncone, Linda Subich Absent with notice: James Thomson
Agenda topics:	
1:30 PM	CALL TO ORDER
DISCUSSION	<ol style="list-style-type: none"> 1. John MacDonald called the meeting to order at 1:35 p.m., welcoming Linda Subich, Deans' representative, to the Committee. 2. Review of agenda presented no additional items. 3. 1-8-19 Minutes unanimously approved following motion by Alma Olson and seconded by Kris Kraft.
FOOD PANTRY UPDATE	
JOHN MACDONALD	
DISCUSSION	<p>A monitored campus cupboard, like the setup currently in the Student Union, will be installed in the CAST advising office. The cupboard will be open during advising business hours. USG will purchase new cabinet displays and ZipAssist Office will contribute funds to purchase signage. The Salvation Army has agreed to assist us in stocking the cupboard.</p> <p>Surplus school supplies, such as notebook binders, are available to students at the ZipAssist Office in the Student Union.</p>
TOPIC SUBMISSION PROGRESS UPDATE	
JOHN MACDONALD	
DISCUSSION	<p>In February 2018, UC Executive Committee directed a request to UC Rec & Wellness Committee in conjunction with Talent and Development. The topic submission: Can UA offer wellness incentive programs to reduce employee health costs? As was noted in January's meeting minutes, the bottom line is that we cannot do this; it's too expensive. UC Rec & Wellness Committee's formal response has been sent to the UC Executive Committee, thus concluding our work on this topic. Kris will forward a summary of our recommendations to Talent & Development.</p> <p>Alma suggested that Health Services might be able to piggyback on the CVS February Healthy Heart wellness screening flyer that UA employees recently received by providing specific screening packages to employees who do not have a primary care provider. She would like to explore further. Additionally, these services could yield teaching opportunities for nursing students and Health Services students to work together.</p>

IMMUNIZATION		ALMA OLSON
DISCUSSION	Mandatory vaccines will be placed on hold. Student health insurance is only available to international students. The challenge is trying to figure out who is owed money so that claims can be filed. There is no health insurance available to domestic students. They have been directed to the Affordable Healthcare Exchange which, unfortunately, tends to have high deductibles.	
WAYNE CAMPUS WELLNESS PROGRAM		JOHN MACDONALD
DISCUSSION	Wayne Campus is very interested in launching wellness activities/programs for 2019-2020. Past activities involved friendly team competitions to achieve dietary or physical activity goals. Suggestion was made to share ideas with Sports Science department – it could be a good value-added opportunity for student engagement and hands-on program experience -- worth exploring how to do it.	
ADJOURNMENT		KRIS KRAFT
DISCUSSION	Next meeting: February 12, 2019, 1:30 p.m., Rec Center Conference Room. The meeting was adjourned at 2:30 p.m. by unanimous consent.	