

Recreation and Wellness

MINUTES DATE: APRIL 9, 2019

TIME: 1:30 PM

LOCATION: REC CTR
BOARD ROOM

MEETING CALLED BY	John MacDonald, Administrator
TYPE OF MEETING	Monthly Meeting
PRESIDER	Kristine Kraft, Chair
NOTE TAKER	Danica Houlé, Secretary
ATTENDEES	Attendees: Audrey Adams, Alma Olson, Danica Houlé, Kris Kraft, John MacDonald, John Roncone, Linda Subich Absent with notice: Debra Gannon, James Thomson
Agenda topics:	
1:30 PM	CALL TO ORDER
DISCUSSION	<ol style="list-style-type: none"> 1. John MacDonald called the meeting to order at 1:35 p.m. 2. Review of agenda—immunization update is added to the agenda. 3. 2-12-19 Minutes unanimously approved following motion by Alma Olson and seconded by Linda Subich. 4. UC Rec & Wellness Committee will present 2019 In-Depth Report to University Council in May.
FOOD INSECURITY JOHN MACDONALD	
DISCUSSION	<p>Campus cupboards have been installed at the Student Union, CAST Advising Offices in the Polsky Building, and in Simmons Hall Lobby-Zip Assist. The stand-alone cabinet displays will eventually include a handbill that provides a summary of local resources also available to students experiencing food insecurity. Students will receive announcement of the cupboards through Zipmail.</p> <p>Analysis and comparison of the Food Insecurity Survey results to those of a National Nutrition Survey is stalled due to lack of available resources to complete the analysis. Audrey Adams volunteered her services to review the data.</p>
IMMUNIZATION ALMA OLSON	
DISCUSSION	This is not the climate to implement campus vaccines. Domestic students did not get medical insurance. Health Services cannot bill people so there is no process to give vaccines.
CAMPUS WELLNESS WEBSITE JOHN MACDONALD	
DISCUSSION	<p>A University wellness statement was endorsed by Present Scarborough as an overarching philosophy in Fall 2015 and sent to HR. What happened to it? Will follow up with HR.</p> <p>Campus Health and Wellness Website has been updated by John's team and went live on April 8, 2019. It looks great!</p>

TITLE IX, SAVE, AOD: Resources and info to the Health and Wellness Website and other related locations have been linked. Objective is to be able to provide resources and information for people who need help to cope with someone who is having health/emotional problems.

Recommendation: Safety page on University's website should be more prominent and linked to the Wellness site. Quick note: Division of Student Affairs is providing EVERFI training for all their professional and student staff.

Next steps: Develop a plan to support a wellness program between Wayne and Main campuses and activate support within other units/departments.

ADJOURNMENT

KRIS KRAFT

Next meeting: May 14, 2019, 1:30 p.m., Rec Center Conference Room.

DISCUSSION

The meeting was adjourned at 2:30 p.m. by unanimous consent.