

# Recreation and Wellness

MINUTES

DATE: JUNE 11, 2019

TIME: 1:30 PM

LOCATION: REC CTR  
BOARD ROOM

<b>MEETING CALLED BY</b>	John MacDonald, Administrator
<b>TYPE OF MEETING</b>	Monthly Meeting
<b>PRESIDER</b>	Kristine Kraft, Chair
<b>NOTE TAKER</b>	Kris Kraft, Chair
<b>ATTENDEES</b>	<b>Attendees:</b> Alma Olson, Kris Kraft, John MacDonald, John Roncone, Linda Subich, James Thomson  <b>Absent with notice:</b> Debra Gannon, Danica Houlé
<b>Agenda topics:</b>	
1:30 PM	CALL TO ORDER
<b>DISCUSSION</b>	<ol style="list-style-type: none"> <li>1. John MacDonald called the meeting to order at 1:30 p.m.</li> <li>2. Review of agenda</li> <li>3. 4-9-19 Minutes unanimously approved following motion by James Thompson and seconded by John Roncone</li> </ol>
<b>FOOD INSECURITY</b> <span style="float: right;">JOHN MACDONALD</span>	
<b>DISCUSSION</b>	<p>Review of the In-Depth Report to UC was given.</p> <p>John stated that Audrey had recently e-mailed him the data on the comparison of the Food Insecurity Survey results to those of a National Nutrition Survey and he will present that at the next meeting.</p>
<b>CAMPUS WELLNESS</b>	
<b>DISCUSSION</b>	A discussion on how to start a wellness program ensued. This will be taken up at the next meeting. John Roncone and Kris Kraft will take the lead on this.
<b>ADJOURNMENT</b> <span style="float: right;">KRIS KRAFT</span>	
<b>DISCUSSION</b>	<p>Next meeting: July 9, 1:30 p.m., Rec Center Conference Room.</p> <p>The meeting was adjourned at 2:30 p.m. by unanimous consent.</p>